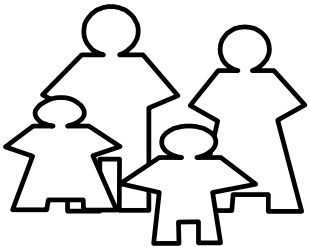




South Dakota National Guard

Family Readiness



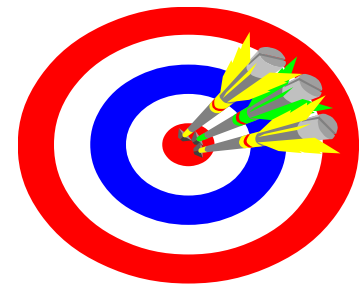
Are You Ready?



Family Readiness



- **Purpose of the Family Readiness Program**
- To provide service and family members **education** and **information** giving them the tools to handle most situations independently.
- **Referral** assistance - Refer families to organizations and resources
- Provide **support** for families
- **Crisis** Assistance

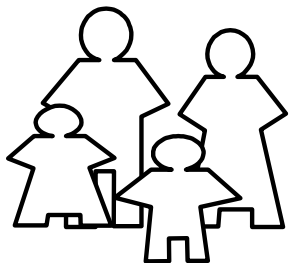




Family Readiness



- It is the Commander's tool for developing strong, self-reliant families that can withstand the rigors of separation due to deployments, annual training and schools.



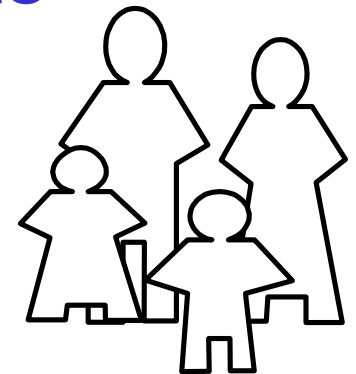
“Are You Ready?”



Family Readiness



- **FAMILY READINESS FACTS**
- **Family Readiness cannot be achieved through “catch up” activities conducted just before or during deployment**
- **Family Readiness is directly tied to mission readiness and retention**



“Are You Ready?”

Family Readiness



- **FAMILY READINESS FACTS**

- **Family Readiness is a command responsibility.**
- **Family Readiness is an individual service member responsibility.**
- ***Family READINESS* is a family matter**

“Are You Ready?”





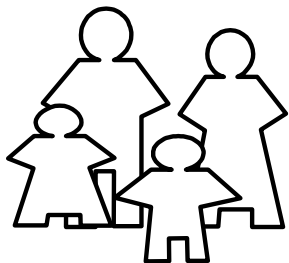
Family Readiness



- **Who does the Family Readiness Program require to make it successful?**

TEAM effort

- Full-time support staff
- Commanders and 1SGTs
- Unit Family Readiness Representatives
- Service members
- Family members
- Significant Others
- Civilian employers



“Are You Ready?”



Family Readiness



How do we prepare servicemembers?

- Briefings
- Family Care Plan
- Create and conduct training
- Encourage family involvement
- Keep them informed

“Are You Ready?”



Family Readiness



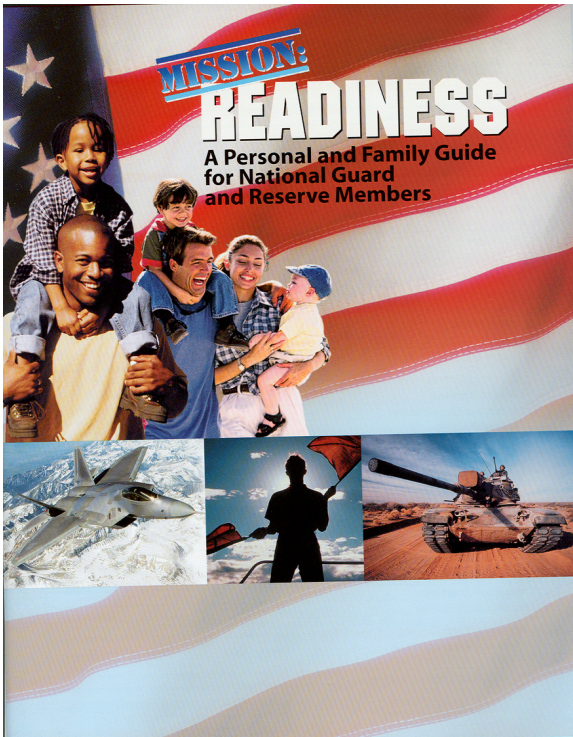
- How do we prepare families?
 - Develop strong Family Readiness Programs at the unit level
 - Create and conduct training for volunteers
 - Provide opportunities for them to meet
 - Be an available resource

“Are You Ready?”

Family Readiness



■ PREPAREDNESS – Do it now?



Guide to National
Guard

- Telephone Trees
- Service/family member contact information
- Wills/power of attorneys
- Joint accounts
- Computer passwords (AKO- www.us.army.mil
Mypay- www.dfas.mil)
- Emergency Data updated
- Correct Information on life insurance (SGLI)
- Know where water shuts off, fuse box, septic systems & financial information are
- DEERS enrollment updated
- Family Care Plan
- Business / Job Care Plan



Family Readiness



- PREPAREDNESS – Do it **NOW?**

- ***Individual Responsibility_***

- Keep your family informed
- Encourage them to participate in unit events
- Inform them of your training dates
- Share your unit newsletter
- Include them
- Ensure they understand benefits available
- Provide them with emergency notification process when at training
- Do a Family Care Plan_
- Business / Job Plan_____



Family Readiness



- PREPAREDNESS – Do it now?
 - ***Single Service members***
 - Who will make your payments?
 - What will you do with your house/apartment?
 - What will you do with your possessions?
 - Are you in school – what is the school policy regarding military duty?
 - What will you do with your vehicle?
 - What will you do with your pet?

“Are You Ready?”



Family Readiness

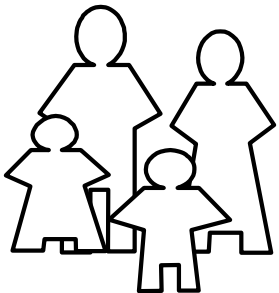


■ PREPAREDNESS – Do it now?



■ **DEERS Enrollment** – KEY to benefits and entitlements for families

- ID cards
- TriCare – **www.triwest.com** or 1-888-874-9378
- TriCare Dental (United Concordia)
- SGLI Family Coverage



“Are You Ready?”



Family Readiness



- *Benefits Available*
 - ***Military Pay - www.dfas.mil***
 - ***TriCare Dental www.ucci.com or
1-888-622-2256***
 - Administered by United Concordia
 - Enrollment is for at least 12 months
 - Single Plan and Family Plan
 - Payroll deduction / direct billed

“Are You Ready?”



Family Readiness



- Benefits Available –

www.insurance.va.gov/SgliSite/SGLI/SGLI.htm

- **Servicemen's Group Life Insurance (SGLI)**

- \$450,000(term)

- **Family Coverage**

- Up to \$100,000

- **Children Coverage**

- \$10,000 on each dependent child at no cost to you

“Are You Ready?”

Family Readiness



- Benefits Available

- **MilitaryOne Source - militaryonesource.com**
ID: military **password: onesource_____**

or call - 800-342-9647

- Masters level consultants available to answer questions 24/7, 365 days a year either online or by telephone
- All services available at **NO COST** to you and your family
- Newsletters, articles, worksheets available
- Can help to locate child care, summer camps, mechanics, etc in your local area
- Over the phone or 6 private, in-person counseling sessions in your local area. (Can utilize this service more than once for different issues) at **NO COST**

“Are You Ready?”



Family Readiness



- Benefits Available

- **Armed Forces Recreation Centers**

- Worldwide
- Cost based on rank
- armedforces.com
- www.military.com/travel
- www.afvclub.com

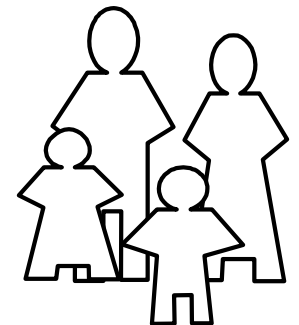
- **Commissary**

- Unlimited Access
- www.reserve-nationalguard.com/benefits/commisary.html
- www.commissaries.com/insidedeca.htm

- **Army & Air Force Exchange (AAFES)**

- Unlimited Access
- www.aafes.com

“Are You Ready?”





Family Readiness



- Benefits Available

- **RETIREMENT Benefits**

- **Space Available Air Travel**

- http://public.amc.af.mil/SPACEA/24_203.htm#General

- **Simple Wills / Power of Attorneys**

- Accomplished through state JAG (Judge Advocate General) Office
 - Free of charge

“Are You Ready?”



Family Readiness



- *State Family Readiness Director*
 - **Maj. Harvey Fitzgerald 605-737-6728**
- *Wing Family Program Coordinator*
 - **Rebecca Anderson - 605-988-5962 / 605-212-4925**
- *State Youth Coordinator*
 - **SSG Kristi Palmer - 605-737-6086**

“Are You Ready?”





Family Readiness



- *The key to a successful Family Readiness Program lies within its volunteers.*
- *It is educating and informing service and family members.*
- *Make family readiness a unit **asset** not a unit liability.*



“Volunteers are the

of our program.”

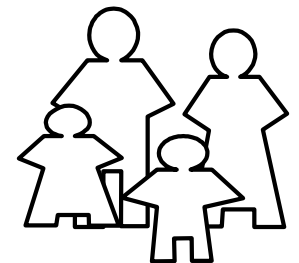


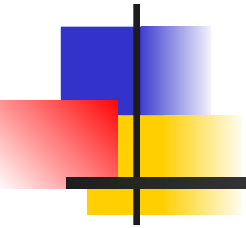
Family Readiness



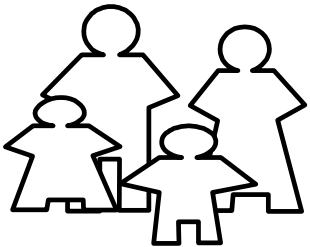
Questions

“Are You Ready?”





Thank You!



“Are You Ready?”

